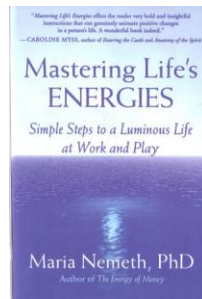
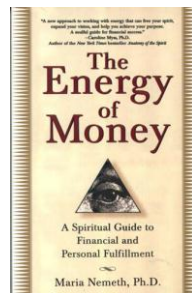


Mastering Life's Energies / The Energy of Money *Class Descriptions*



Mastering Life's Energies – Studying Mastering Life's Energies creates a solid basis from which to tackle the sometimes arduous task of gaining control of your finances. You'll begin to look at the energy we call “money” in a more powerful, meaningful way and will learn specific, innovative strategies for making positive life changes.



The Energy of Money – Explore twelve principles that you'll begin to use immediately to shift the way you think about and behave with your money. You'll have encouragement and support as you work through exercises and worksheets designed to help you consciously focus your money energy, defuse fears of deprivation and scarcity, and uncover hidden beliefs and habits that influence your everyday use of money.

Notes:

Classes are limited to 5 participants – Enroll early to save your place.

Each book is studied over a six-week period (one, two-hour class per week).

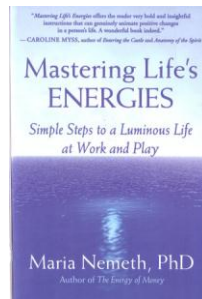
Classes are conducted either over the phone or in person.

Enrollment in Mastering Life's Energies does not obligate you to do The Energy of Money, however Mastering Life's Energies is a prerequisite for The Energy of Money Class.

For more information, visit www.jaynyk.com/book-study-groups.

To enroll, contact Jayn at 781 - 665 – 0895 or by email at Jayn@Jaynyk.com.

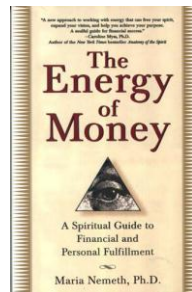
Mastering Life's Energies / The Energy of Money *2012 Class Schedules*



6 Tuesday evenings, beginning January 10, 2012, 7:00 pm - 9:00 pm
(Jan 10, 17, 24, 31, Feb 7, 14/21)

or

6 Thursday mornings, beginning January 12, 2012, 9:30 am - 11:30 am
(Jan 12, 19, 26, Feb 2, 9, 16)



Note: You must have completed Mastering Life's Energies prior to enrollment in
The Energy of Money Class

6 Tuesday evenings, beginning February 28, 2012, 7:00 - 9:00 pm
(Feb 28, Mar 6, 13, 20, 27, Apr 3)

or

6 Thursday mornings, beginning March 1, 2012, 9:30 am - 11:30 am
(Mar 1, 8, 15, 22, 29, Apr 5)

Classes are limited to 5 participants – Enroll early to save your place.

For more information, visit www.jaynyk.com/book-study-groups.

To enroll, contact Jayn at 781 - 665 – 0895 or by email at Jayn@Jaynyk.com.